

In the last piece we talked about one component for making solid contact and hitting longer, straighter shots is **not** trying to keep the head down as long. Your eyes stay on the ball as you Push, Turn, and Extend through the shot! Here we see how great players setup in order to make this easier on the body!

STERLING FARMS GOLF ACADEMY

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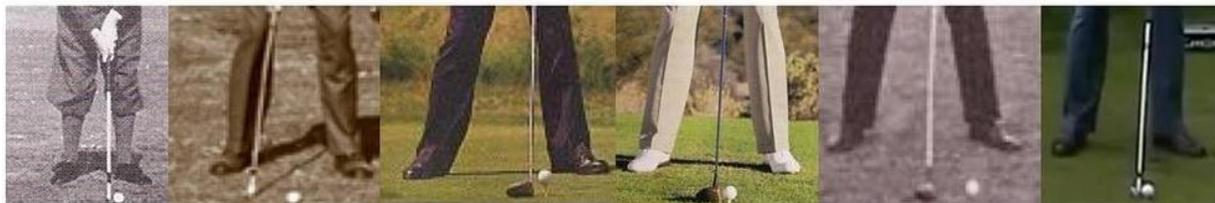
PIGEON TOED OR DUCK FEET!

One overlooked item in the setup is the importance of the feet! The feet directly influence the function of the hips. In order to push, turn, and extend through the ball without pain, make sure you **flare both left and right feet!** This will make it much easier for you to stay on **balance** and **increase rotation** back and through!

Not this....



Do this instead!



Bobby Jones

Byron Nelson

Chi Chi Rodriguez

Tom Weiskopf

Jack Nicklaus

Steve Elkington



Sam Snead

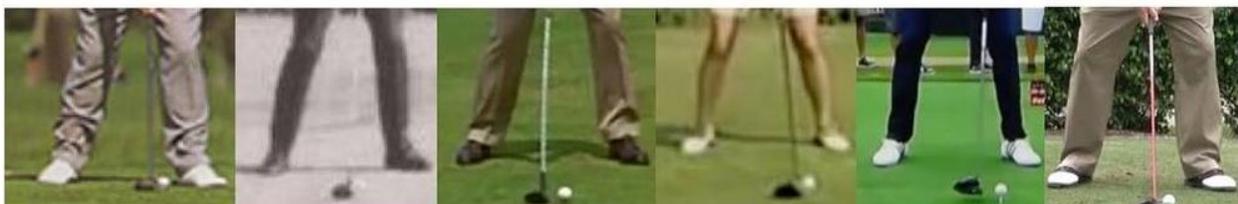
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John Daly

Nick Price

Greg Norman

Arnold Palmer



Fred Couples

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Ben Hogan

Michelle Wie

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